

Saas-Fee

SAASTAL

Absolutely natural.

Summer 2006

SAAS-FEE

SAAS-GRUND

SAAS-ALMAGELL

SAAS-BALEN



Absolutely Saas-Fee.

Finally a holiday ...

... and we are looking forward to it just as much as you are. A holiday already begins with planning and anticipating the well-earned break. This information booklet about Saas-Fee and the Saas Valley aims to help you prepare for your next holiday in the best possible way.

Choosing your holiday destination is no doubt the key task as far as holiday plans are concerned. Don't leave anything to chance and take your time before making a decision. This booklet offers you an opportunity to immerse yourself in the beauty of this region and discover the diversity and natural beauty of the Saas Valley.

However, a successful holiday also depends on your own input: leave the daily grind and work behind and relax. Recharge in this magical mountain landscape which is bursting with energy. Allow the giant mountains and their glaciers, the sun and crystal-clear water, fragrant woods, mountain herbs and fauna to take effect on your body. Some of the powerful larches were in this beautiful valley long before tourists first set foot in it. Encounters with the locals of the Saas Valley, their brown, sun-worn houses and barns make this a memorable holiday. Enjoy with an ease you've never experienced before. This is how good a holiday can be.

This summer past saw the «Saastal» being awarded with the stamp of quality slogan «families welcome». Family oriented locations holding this title offer everything that a family-based holiday could wish for. The offer is designed to ensure participants enjoy a carefree and unforgettable holiday experience. Your children are well taken care of here and can run around and play freely in the open air surroundings.

Allow yourself to be captivated by the fairy magic of the Saas Valley. Because here not only an incomparable natural paradise but also friendly people are waiting for you. Allow us to be your next hosts because we will share in your enjoyment of this long-awaited holiday.

Director Saas-Fee Tourism
Simon Bumann

Director Saastal Tourism
Daniel Scardino



Information – Planning your journey

Description of the four communities	4
Sustainability in Saas-Fee	5–6
Accommodation and direct reservations	6
Saas-Fee summer packages	7
Saas Valley summer packages	8
Visitor's cards, visitor's tax and reductions	9

Getting there in comfort

How to reach your destination	10
Travelling by public transport	11
Travelling by private transports	12
Electro-taxis and transfers to accommodation in Saas-Fee	13
Opening times of the tourist offices	13
Currency exchange and bank opening times	14

Exciting holidays

Where to obtain up to date information	15
Summer highlights 2006	16
Suggestion for hikes in the region	17–18
Hiking pass	20
Panoramic map	22–25
Time tables	26
Fares	27
Summer snow sport	28
Destinations for day-trips and outings	29–31
Alpinism and adventure	32–33
The Bielen leisure centre	34
Summer sports	34–36
Activities for children and families	37–38
A cultural experience	39–41
Discover the neighbouring regions of the Saas Valley	42
Seminars, Meetings and Incentives within the mountain region	43
Important addresses and telephone numbers	44

Saas Valley: A lasting memory

Advantages enjoyed by regular guests	45
Preview of winter highlights in Saas Valley	45
Subscription for the local guest magazine «Gletscherpost»	45



Description of the four Communities

Saas-Fee

The world-famous glacier village of Saas-Fee is situated on a high altitude plateau at a height of 1800 m at the foot of the highest Swiss mountain range, the Mischabel group. The village offers an extensive recreational infrastructure and provides accommodation for some 7700 guests. The Allalin peak, with the world's highest revolving restaurant and the world's largest ice pavilion, is a unique destination for a day's outing. Saas-Fee is the destination for an international range of guests and sporting enthusiasts. Its unique freedom from traffic has enabled it to retain its romantic village atmosphere and the lively main street is an invitation for a leisurely evening stroll or shopping excursions. Saas-Fee is an invigorating and beneficial place to unwind from the stresses of everyday life.



Saas-Grund

Saas-Grund lies at the heart of the Saas Valley and with its 4000 guest beds is the largest resort in the valley. Saas-Grund is the ideal starting point for the legendary Saas mountain paths. The modern eight-seater gondola cable cars take passengers to one of the finest walking paradises in Switzerland. Enjoy the magnificent view of the majestic Mischabel range from the mountain station at Kreuzboden. This is the starting point for the well-signposted alpine flowers walk, the Almagell and the popular Gspon mountain path, and the new «Weissmies/Jägihorn» climb. At Hohsaas, 3000 m above sea level, there is a breathtaking panorama of 18 mountain peaks over 4000 m high. Alpinists find perfect opportunities for mountain walking and climbing in this fascinating mountain landscape, which includes the trio of Fletschhorn, Laggin and Weissmies.



Saas-Almagell

Saas-Almagell is the most southerly village in the Saas Valley and offers accommodation, rest and recuperation for approx. 2000 guests. The attractive holiday resort was made widely renowned by the famous skiers Heidi, Silvan and Pirmin Zurbriggen. The idyllic resort is ideal for families with children. Thanks to its spectacular side valleys, Saas-Almagell offers its guests an extensive and varied network of walking paths. The path round the Mattmark dam is practically flat and is a popular destination for those seeking less strenuous walking. Those who want to follow in the footsteps of the former Walser people take the narrow path up to the Monte-Moro pass after Distelalp, the most southerly point of the Mattmark reservoir.



Saas-Balen

The vacation resort of Saas-Balen with accommodation for some 600 guests has largely preserved its character as a rural village. Saas-Balen is ideal for nature lovers, who prefer a little more peace and quiet and wish to spend their holidays far from noise and stress. Easy walks along the Saas Vispa past Valaisan barns burnt brown by the sun offer relaxation and pure enjoyment of nature for every guest. An excursion to Heimischgartu at 2100 m altitude or to the idyllic Grüebe mountain lake past a wide diversity of alpine flora make particularly delightful interludes. You can also admire the late baroque church, the form of which is unique in Switzerland.

Sustainability in Saas-Fee

We take care of our «Pearl of the Alps» by actively protecting the environment. The foundation for creating a resort conscious of the environment and of quality was laid in 1951, when the community made the decision to keep the village car-free. Today we are always guided by the latest developments concerning the protection of the environment. Our model for sustainable or «gentle» tourism is the principle of «sustainable development». This means that all actions taken by the present generation which effect future economic, social and environmental development must not cause future generations to be restricted in their possibilities for development. Unspoilt nature and habitat are and will remain the prerequisite and basis for tourism. To achieve these aims, strategies for protecting resources are necessary to guarantee that tourism does not harm the environment. Saas-Fee has time and again played a leading role in ecological and sustainable development with various concepts and projects over the last few years:



Alliance in the Alps 1996

Saas-Fee committed itself to the «Alliance in the Alps» project as a pilot community in 1996. This network of communities is an amalgamation of almost 150 communities in the entire region of the Alps. The member communities have joined forces to realise the goals of the Alpine Convention for sustainable development in the Alps in a concrete way. The Alpine Convention is an international agreement for the protection of the natural habitat and for the promotion of sustainable development in the Alps. The members work in close contact with local residents to improve the ecological, social and economic situation in their community and exchange their experiences and knowledge with the other members of the network.



The Q-Club

The «Quality-Club» label is awarded to businesses, hotels, holiday apartments, restaurants and many other businesses which come into contact with visitors in Saas-Fee which place great value on quality services. Note the quality sign in our list of hotels and apartments: «Quality-Club» – your guarantee of quality! All «Quality-Club» members also hold the grade I or II quality label for Swiss Tourism. The Saas Valley was the first resort in Switzerland to devote itself to quality in tourism and create a quality label carrying certain obligations. We offer our guests a guarantee of quality in their accommodation. If your accommodation does not correspond to the description given in the brochure, you can request a change of accommodation free of charge at the various tourist offices. A reservation in an excellent hotel or apartment encourages better quality and confidence and doesn't cost any more.

The tourist offices are always pleased to receive your suggestions.



A GAST resort: Your car can have a holiday too.

The lack of cars in Saas-Fee contributes considerably to the relaxed holiday atmosphere and romantic character of the village where there is no stress from traffic. Guests benefit from the peace and quiet, the good quality of the air and the freedom of movement in the streets. 10 years ago, car-free resorts in Switzerland which care about a high quality of service and the environment joined forces to form the society of car-free Swiss resorts (GAST for short). In order to bring attention to the special efforts being made to achieve quality, various aspects of the quality of being car-free were defined, and their application is checked at regular intervals.



The label «Energy Town»

Saas-Fee was awarded the status of «Energy Town» in June 2002. The label «Energy Town» represents the introduction of actual quality control concerning communal energy policies and is awarded to towns and communities which – in proportion to the possibilities at their disposal – go to exceptional lengths to implement energy and traffic policies in their community. Receiving the «Energy Town» label is not only recognition of the policy followed by Saas-Fee up to now concerning energy and the environment, but also represents a commitment to continue the work it has begun.

Refuse management

Saas-Fee was the first resort in Switzerland to introduce fees for refuse bags in 1994. By means of this fee, residents are called upon to sort refuse exactly and to produce less refuse in general. Household refuse may only be disposed of in the official bags which carry a fee. You can obtain further information from the proprietor of your apartment. See also the notices in the resort.

The appearance of the village and development planning

Saas-Fee has some of the most restrictive building and zoning regulations in Switzerland. All buildings must have a gabled roof and at least one third of the facade of a building must be built of wood. The typical Valais style of chalet can be maintained with these measures. In order to forestall overwhelming speculative building, the sale of apartments has been strictly limited. In this way, the glacier village of Saas-Fee has, in contrast to other resorts, managed to maintain a traditional village character.

Notice from the resort of Saas-Fee local authorities

The resort's infrastructure will be partly closed from the beginning of May to mid June. If construction work is taking place there will be a certain amount of noise.

Partner organisations

ENERGIESTADT
www.energiestadt.ch

ALLIANZ der ALPEN
www.alpenallianz.org

STEAMBOAT SPRINGS
www.steamboat.com

ROCCA DI CAMBIO
www.roccadicambio.it

GAST
www.gast.org

Accommodation and direct reservations

Are you looking for a suitable accommodation for your holiday stay in our region? If so, then the tourist offices of the 4 communities in the Saas Valley will be pleased to help you. In Saas-Fee and Saas-Grund, holiday accommodation can be booked directly through the tourist office, by telephone, fax or post, or even via the Internet. We can be reached 24 hours a day, and 7 days a week on the Internet – to book your dream holidays anytime you want. Also be sure to enquire about the excellent value all-inclusive summer and winter packages. Let us do all the work for you: we will be pleased to put together an individual offer for your next holiday.

Saas-Fee direct reservations: tel. +41 (0)27 958 18 68, fax +41 (0)27 958 18 70

e-mail to saas-fee.ch, online booking www.saas-fee.ch

Saas-Grund/Saas-Almagell/Saas-Balen direct reservations: tel. +41 (0)27 958 66 66 /

+41 (0)27 958 66 44, fax +41 (0)27 958 66 67 / +41 (0)27 958 66 45

e-mail ferien@saastal.ch, online booking www.saastal.ch



Saas-Fee summer packages

For information and reservations contact Saas-Fee Tourism, tel.: +41 (0)27 958 18 68, e-mail to@saas-fee.ch

«Mischabel weeks»

- 7 nights/half-board (bed & breakfast on request)
- 7 nights in a holiday apartment (LS Thursday to Thursday if desired)
- 7 day Saas Valley adventure pass (see page 20)

16. 9. – 20. 10. 2006

Hotel Budget BB	CHF 527.–	€ 351.–	apart**	CHF 331.–	€ 221.–
Hotel**	CHF 814.–	€ 543.–	apart***	CHF 366.–	€ 244.–
Hotel***	CHF 926.–	€ 617.–	apart****	CHF 436.–	€ 291.–
Hotel****	CHF 1024.–	€ 683.–	apart*****	CHF 471.–	€ 314.–

1. 7. – 15. 9. 2006

Hotel Budget BB	CHF 555.–	€ 370.–	apart**	CHF 401.–	€ 267.–
Hotel**	CHF 842.–	€ 561.–	apart***	CHF 436.–	€ 291.–
Hotel***	CHF 975.–	€ 650.–	apart****	CHF 506.–	€ 337.–
Hotel****	CHF 1178.–	€ 785.–	apart*****	CHF 541.–	€ 361.–

«Adventure Week»

- 7 nights at a hotel with half-board or in a holiday apartment without meals
- 1 admission to the adventure forest
- The Mittaghorn via ferrata: round trip on the cable-cars: Saas-Fee–Morenia; Plattjen–Saas-Fee
- 1 ride on the Feeblitz

1. 7. – 22. 10. 2006

Hotel*	CHF 555.–	€ 370.–	apart**	CHF 254.–	€ 169.–
Hotel**	CHF 639.–	€ 426.–	apart***	CHF 324.–	€ 216.–
Hotel***	CHF 765.–	€ 510.–	apart****	CHF 359.–	€ 239.–
Hotel****	CHF 1059.–	€ 706.–	apart*****	CHF 394.–	€ 263.–

«My first four-thousand-metre peak»

- 2 nights with half-board
- Return ticket Saas-Fee–Mittelallalin
- Ascent of the Allalin (4027 m) with a mountain guide
- Climbing equipment (excluding climbing boots)

15. 7.–24. 9. 2006

Hotel*	CHF 361.–	€ 241.–
Hotel**	CHF 385.–	€ 257.–
Hotel***	CHF 421.–	€ 281.–
Hotel****	CHF 505.–	€ 337.–

The Música Romântica classical festival

- 7 nights at a hotel with half-board or in a holiday apartment without meals
- 2 category-A symphony concerts at the festival with the world famous pianist Eliane Rodriguez and a well-known symphony orchestra

4. – 18. 8. 2006

Hotel****	CHF 1151.–	€ 767.–
apart****	CHF 451.–	€ 391.–

per person

Nordic Walking all-in-one-price offers

- 2 overnight stays including half-board
- Introductory afternoon including a small tour
- Use of a «polar» trademarked heartbeat frequency monitor and Nordic Walking sticks
- 2nd day: long tour (4–5 hours) including lunch
- 3rd day: short tour (1.5 hours)
- Course documentation
- Small present

Package

Hotel**	CHF 318.–	€ 212.–
Hotel***	CHF 350.–	€ 237.–
Hotel****	CHF 378.–	€ 252.–
Hotel*****	CHF 448.–	€ 299.–

Monday to Friday (July/September/October).

Information available from the tourist office, Saas-Fee.



Saas Valley summer packages

For information and reservations contact: Saastal Tourism, Postfach 64, CH-3910 Saas-Grund
tel. +41 (0)27 958 66 66, fax +41 (0)27 958 66 67, www.saastal.ch, ferien@saastal.ch

Mattmark summer package

Book everything in one package: accommodation and 7 days' unlimited use of all cable-cars and the post bus service from Stalden to Mattmark! Valid from June to September.

- 7 nights at a hotel of your choice incl. half-board, per person in a double room.
- 7-day Saas Valley adventure pass incl. postbus services in the whole Saas Valley
- Evening ride in a horse-drawn carriage
- Welcome Drink
- 1 souvenir present
- 1 year's membership of the Saas Valley Tourism society (incl. a year's subscription to the Gletscherpost)

Individual reservations:

Deluxe	from CHF 1049.–	€ 699.–
Top	from CHF 769.–	€ 512.–
Komfort	from CHF 699.–	€ 466.–
Standard	from CHF 629.–	€ 419.–
Basis	from CHF 559.–	€ 372.–

Groups:

10%–15% reduction
for 20 or more people

Autumn hotel package «Welcome to Autumn!»

Autumn is the time of year for rest and relaxation: for enjoyable walks through the colourful forest, for seeking out the grazing grounds of wild animals with a huntsman familiar with the area, for strolling amongst the stalls of autumn markets with a southerly atmosphere or for silently contemplating the historical round church. The golden time of year is in the air! You can smell the mushrooms and autumn leaves, swathes of mist envelop the countryside in a mysterious way and the taste of freshly-pressed grapes permeates the countless grape-picking festivities. Enjoy the autumn with all your senses!

Valid from mid-August to mid-October

- 7 nights at a hotel of your choice incl. half-board, per person in a double room.
- 7-day Saas Valley adventure pass incl. postbus services in the whole Saas Valley
- Visp Valley vineyard and wine experience
- See the wildlife accompanied by a hunter in the nature reserve
- 1 souvenir present
- 1 year's membership of the Saas Valley Tourism society (incl. a year's subscription to the Gletscherpost)

Individual reservations:

Deluxe	from CHF 1169.–	€ 779.–
Top	from CHF 889.–	€ 592.–
Komfort	from CHF 819.–	€ 546.–
Standard	from CHF 749.–	€ 499.–
Basis	from CHF 679.–	€ 452.–

Groups:

10%–15% reduction
for 20 or more people



Visitor's cards, visitor's tax and price reductions

In Switzerland you pay a visitors' tax, and you may wonder what happens to the money. The visitors' tax is used by the tourist offices for the improvement of the infrastructure (for example maintenance of hiking trails, children's playgrounds, park benches, signposts, visitors' activities programmes etc.).

The Saas-Fee visitors' tax is included on your bill at the end of your stay; for hotel guests, it is included in the price. Please ask your host for your visitor's card on your first day – you can profit from a number of reductions: People on holiday in the Saas Valley receive the visitor's card from their host – free of charge.

Reductions with the Saas-Fee/Saas Valley visitor's card

- approx. 30–60% reduction on parking fees (depending on length of stay, from the 2nd day) in Saas-Fee
- approx. 10% on all individual journey on the Saas-Fee, Hohsaas and Saas-Almagell mountain transport system (discounts not cumulative, no reduction on ski-passes)
- approx. 15% reduction on paying events organised by the tourist office (concerts, etc.)
- 10% reduction on the purchase of souvenir articles in the tourist offices of Saas-Grund and Saas-Almagell
- 10% reduction on excursions with Pauli-Reisen and the Imseng travel agency
- 10% reduction on excursions with the post bus in the Saas Valley
- approx. 12% reduction on the «Feeblitz» toboggan run
- approx. 8–10% reduction at the Bielen leisure centre
- 10% reduction on the wellness facilities, Saas-Almagell
- 10% reduction at the «Creativ Design Kämpfen» Internet corner, Saas-Grund
- 15% reduction on the Adventure forest, Saas-Fee

Further reductions

- the tennis courts in the entire Saas Valley
- the mini-golf courses in the entire Saas Valley
- the steam bath, sauna, jacuzzi and solarium in various hotels in the Saas Valley
- the Saas Museum, Saas-Fee

Further reductions in various shops and providers of services in the Saas Valley on request.

Visitors' tax rates per night (subject to changes)

	Saas-Fee	Saas-Grund	Saas-Almagell	Saas-Balen
Adults	CHF 2.50 € 1.65	CHF 1.70 € 1.15	CHF 1.70 € 1.15	CHF 1.70 € 1.15
Children (6–16)	CHF 1.25 € 0.85	CHF –.85 € 0.60	CHF –.85 € 0.60	CHF –.85 € 0.60
Mountain huts				
Adults	CHF 1.20 € 0.80	CHF 1.– € 0.70	CHF 1.– € 0.70	CHF 1.– € 0.70
Children (6–16)	CHF –.60 € 0.40	CHF –.50 € 0.35	CHF –.50 € 0.35	CHF –.50 € 0.35
Camping sites				
Adults	CHF 1.20 € 0.80	CHF –.60 € 0.40		
Children (6–16)	CHF –.60 € 0.40	CHF –.30 € 0.20		









How to reach your destination

Getting there in comfort



-  TGV/CIS Paris–Geneva–Lausanne–Brig (6.00 h)
-  Eurostar London–Paris (3.00 h)
-  ICE Frankfurt–Basel–Berne (6.15 h)
-  Cisalpino Milan–Brig (1.45 h)
-  IC/EC Zurich–Berne–Brig (3.00 h)
(+ Allalin-Express)

-  Geneva/Zurich/Milan Intern. Airports
-  Motorway
-  Europe
-  Switzerland
-  Region of Wallis
-  Motor roads

Travelling by public transport

By train, you travel to Brig or Visp and change to the postbus which takes you to the 4 tourist stations in the Saas Valley. There are hourly connections from Brig and Visp. The express bus service stops in Saas-Grund but not Saas-Balen. For Saas-Almagell, change in Saas-Grund (Postplatz). Swiss Travel System: Swiss Pass, Swiss Card, Swiss Flexi Pass, Swiss Transfer Ticket and Swiss Tour Pass will be taken into account by travelling with the postbus.

It is essential to reserve seats from Saastal to Stalden/Visp/Brig.

First and last connection by postbus					
Dep. Brig	6.15 h	20.05 h	Dep. Saas-Fee	5.45 h	19.45 h
Dep. Visp	6.35 h	20.25 h	DepSaas-Grund*	8.54 h	19.54 h
Dep./arr. Saas-Balen	7.07 h	20.57 h	Saas-Balen arr./dep.	6.00 h	20.00 h
Dep./arr. Saas-Grund*	7.11 h	21.01 h	Visp arr.	6.32 h	20.32 h
Arr. Saas-Fee	7.24 h	21.14 h	Brig arr.	6.54 h	20.55 h
Further connections every hour, from Brig at 0.05, from Visp at 0.25				* Connection to Saas-Almagell	

Check in your luggage at your home station and collect it at the postbus station in Saas-Fee or at one of the post offices in the Saas Valley. Fly-/Rail-luggage: Your flight luggage travels independently from all airports in the world to the Fly-/Rail station in Saas-Fee. Attach the special green address labels to all your luggage before checking it in. These are available at some Swiss travel agencies and major travel agents.

Opening hours post office

	Saas-Fee Post office	Travel service	Saas-Grund	Saas-Almagell	Saas-Balen
Monday– Friday	8.15–12.00 h 14.15–18.00 h	7.30–18.45 h	7.30–11.00 h 14.00–17.30 h	8.00–11.00 h 16.00–18.00 h	10.30–12.00 h 14.30–18.30 h
Saturday	8.15–11.00 h	7.30–18.45 h	7.30–11.00 h	8.00–10.30 h	7.00– 8.30 h 9.30–12.00 h
Sunday	closed	7.30–18.45 h	closed	closed	closed

Direct connection Goppenstein–Saas-Fee (Saas Valley)–Goppenstein

If you travel through the Lötschberg tunnel by train, take advantage of the postbus connection on Saturdays during the summer season (8.7.–16.9.06). The first service from Goppenstein leaves at 10.30 a.m. and arrives in Saas-Fee at 11.42 a.m. On the return journey, the first bus leaves Saas-Fee at 9.10 a.m. and arrives in Goppenstein at 10.20 a.m. Further information is available from the postbus office in Saas-Fee or the tourist office. (Reservation obligatory, call +41 (0)27 958 11 45.)

Connection to the airport

Geneva–Visp via Lausanne	2.27 h
Zurich–Brig via Berne	3.03 h
Basel–Brig via Berne	2.46 h
Malpensa–Gallarate–Brig	2.05 h (Regular bus connections to the railway station from 5.20 to 22.30 hours)

NEW: luggage for the return journey can now be checked-in at once at the Saas-Fee postbus service!



Travelling by private transports

Getting there in comfort

Kilometres	
from Basel	210 km
from Berne	112 km
from Brig	38 km
from Geneva	234 km
from Zurich	246 km
from Milan	250 km
from Frankfurt	550 km
from Munich	650 km
from Strasbourg	320 km
from Amsterdam	980 km

Car drivers from the north are advised to travel via Berne through the Lötschberg tunnel (motorail service), from the east and south over the Furka or Simplon pass. From western Switzerland, Saas-Fee and the Saas Valley are reached by Lausanne via the Rhone Valley to Visp.

Motorail connections Lötschberg (CHF 25.– € 17.–/per journey)
 Traffic information Kandersteg phone +41 900 55 33 33
 Goppenstein

from Kandersteg:	daily 6.00–22 h, every 30 min., 23 h, 24 h
from Goppenstein:	daily 6–22.30 h, every 30 min., 23.30 h

Motorail connections Furkatunnel (CHF 25.– € 17.–/per journey)
 Traffic information Furkatunnel phone +41 (0)27 927 77 71

from Realp:	daily from 6.30 h every 60 min. to 21.30 h
from Oberwald:	daily from 6.00 h every 60 min. to 21.00 h

From Friday at noon until Monday at noon every 30 minutes

NEW: Motorail connections Simplontunnel (CHF 19.– € 13.– per journey)

from Iselle:	daily from 6.05 Uhr, every 90 min. to 22.45 h
from Brig:	daily from 5.25 Uhr, every 90 min. to 22.05 h

Subject to changes.

Report on road conditions in Switzerland: phone 163

Parking information

Saas-Fee is car-free! You leave your car in the covered car park or open-air car park (entrance through the new parking building, Terminals A+B setting down zone only) at the entrance to the village. You can take your luggage to your apartment by electro-taxi or with a handcart (handcarts are provided by the house owner or the tourist office). Your hotel will fetch you free of charge from the car park or the post office. From this moment on, you can enjoy your holiday without worrying about your car! Further information is available before leaving home from your holiday apartment owner or the luggage transport counter.

The Saas-Fee guest card, which entitles you to a reduction of CHF 3.50 € 2.40 on the parking fee from the second day on, is available from your apartment owner. Please ask for it immediately after your arrival.

In Saas-Balen, Saas-Grund and Saas-Almagell, there is sufficient public parking space (some of it chargeable), in addition to the private parking arrangements of the hotels and holiday houses and apartments.

Parking rates in Saas-Fee:

First day	Open-air and covered car parks	Every further day or part of a day CHF 11.50 € 7.50
up to 3 hours	CHF –.–	With the guest card, from the 2nd day CHF 8.– € 5.50, from the 8th day CHF 6.– € 4.–, from the 15th day CHF 4.50 € 3.–
up to 4 hours	CHF 3.50 € 2.50	Caravan parking Saas-Fee (P4): CHF 12.– € 8.50 per day with guest card, CHF 20.– € 14.– per day without guest card. In order to benefit from the reductions in parking fees, the guest card must be decoded at the tourist office before leaving the car park! For advance payments please enquire at the tourist office before re-coding.
up to 5 hours	CHF 6.50 € 4.50	
up to 6 hours	CHF 9.50 € 6.50	
up to 24 hours	CHF 11.50 € 7.50	
1 week (with guest card)	CHF 59.50 € 39.50	
2 weeks (with guest card)	CHF 101.50 € 67.50	

Saas-Grund car park charges:

Public car parks:	1 hour CHF –.50 € 0.35, 1 day (24 hours) CHF 5.– € 3.50
Mountain cableways car park:	30 min. free, basic charge CHF –.50 € 0.35 per half-hour up to CHF 6.– € 4.– maximum, for every subsequent day CHF 5.– € 3.50

Parking rates Saas-Almagell (car):

Up to 2 hours	CHF –.–
1 day (24 Std.)	CHF 5.– € 3.50
Every further day	CHF 5.– € 3.50

Parking rates Saas-Almagell (bus):

Up to 2 hours	CHF –.–
1 day (24 Std.)	CHF 7.– € 5.–
Every further day	CHF 7.– € 5.–

Electro-taxis and transfers to accommodation in Saas-Fee

Taxis can be ordered through the public intercom or the speed dial in the car park or from the tourist office.

Electro-taxis in Saas-Fee

Ambros	+41 (0)79 439 10 29	7020
Taxi A	+41 (0)79 220 21 37	7030
Bolero	+41 (0)27 958 11 35	7040
Center Reisen	+41 (0)27 958 11 33	7050
Imseng	+41 (0)27 957 33 44	7060

(as indicated in the car park)

Speed dial in parking lot: Recommended prices for all:
 CHF 18.– to 28.– / € 12.– to € 18.50
 (plus luggage + waiting time)

Hotel guests

Unload your luggage in the unloading zone of the car park and use the public telephone (unloading zones A & B) to call the hotel. Your luggage will be collected and taken to the hotel free of charge.

Guests arriving by public transport should call the hotel from the post office or the tourist office.

Guests in holiday apartments

You can find out from your rental agreement or the brochure whether your host will be fetching you with an electro-car or providing you with a handcart. Further handcarts are available from the tourist office against a deposit.

(Only licensed taxi companies are entitled to collect charges.)

Taxi Services

Private taxi services are available in Saas-Grund and Saas-Almagell.

Motor taxis in the Saas Valley

Imseng, Saas-Fee	+41 (0)27 957 33 44
Paul Venetz, Saas-Grund	+41 (0)27 957 17 57
Taxi Zurbriggen, Saas-Almagell	+41 (0)79 693 00 00

Recommended prices for taxi journeys from Brig to the Saas Valley
 (1–3 pers.): approx. CHF 100.– € 67.– to approx. CHF 130.– € 86.50

Opening times of the tourist offices

Day	Saas-Fee	Saas-Grund	Saas-Almagell	Saas-Balen
Monday– Friday	8.30–12.00 14.00–18.30 Intermediate sesaon: 8.30–12.00 14.00–18.00	8.30–12.00 14.00–18.00	8.30–12.00 14.00–18.00	9.30–11.30 16.30–18.15
Saturday	8.00–19.00 Intermediate sesaon: 8.30–12.00 14.00–18.00	8.30–12.00 14.00–18.00 Intermediate sesaon: 15.30–18.00	9.00–12.00 16.00–18.00 Intermediate sesaon: closed	9.30–12.00
Sunday	9.00–12.00 15.00–18.00 Intermediate sesaon: 10.00–12.00 16.00–18.00 Autumn 9. 9.–16. 12. 2006: 10.00–12.00 15.00–17.00 Closed in May	15.30–18.00 Intermediate sesaon: closed	closed	closed Information and brochures are available at the post office.

Currency exchange and bank opening times

Place	Bank	Opening times	Credit cards accepted at the counter					Currency exchange
			Maestro	Euro-card	Visa	American Express		
Saas-Fee	Raiffeisenbank	Mon–Fri: 8.30–12.00 h 14.30–18.00 h	X	X	X		X	
	UBS AG	Mon–Fri: 9.00–12.00 h 15.00–18.00 h	X	X	X		X	
	Wall. Kantonalbank	Mon–Fri: 8.30–12.00 h 14.30–17.30 h	X	X	X		X	
Saas-Grund	Raiffeisenbank	Mon–We+Fri: 8.30–12.00 h 14.30–18.00 h	X	X	X		X	
		Thu: 8.30–12.00 h 14.30–19.00 h						
	UBS AG Wall. Kantonalbank	Bancomat Mon–Fri: 8.30–12.00 h 13.30–17.30 h	X				X	
Saas-Almagell	Tourist Office	see opening times of the Tourist Office on page 13				Credit cards are not accepted	X	
Saas-Balen	Post office	see opening times of page 13 Currency exchange and cashing of cheques		X	X		X	

Exchange in Saas-Fee on weekends:

Saas-Fee: Travel Agency Imseng, Saas-Fee Tourist Office (also low season)

Saas-Almagell: Tourist Office (only in the high season)



Where to obtain up to date information

The tourist offices in Saas-Fee and the Saas Valley

The staff of our tourist offices are always happy to provide you with information about accommodation, programmes of sport and other activities, hiking, your onward journey and many other topics.

Hiking maps and books are available at the counter or by telephone.

Please ask for brochures and special offers at the tourist office of your resort.

Calendar of events/weekly programme

Ask for our calendar of events and the weekly programme at the tourist office. You will find information about everything that is happening during your stay in the Saas Valley.

Internet

Consult our website (Saas-Fee, Saas-Grund, Saas-Almagell, Saas-Balen) <http://www.saas-fee.ch>

Would you like to know what Saas-Fee looks like? No problem, just take a look at our website:

<http://www.saas-fee.ch/live-cam.htm>

Saas-Fee Information Channel

From the early morning on, you can find out about local events, sports, local skiing and hiking conditions, excursions and many other topics from the Saas-Fee Info Channel.

Please ask your host for details.

Weather channel on Swiss television

Find out about the current weather situation on channel SF1 from 7 a. m. until regular programmes begin.

Weather information by telephone

0900 57 30 70 (CHF 1.49 / min.)

3906 Saas-Fee, 3910 Saas-Grund, 3905 Saas-Almagell, 3908 Saas-Balen

Information about the mountain transport system

The latest information about the weather and lifts is available from the information boards and info-phones provided by the cablecars, tel. +41 (0)27 958 11 00 (Saas-Fee); tel. +41 (0)27 957 23 26.

«Saastal Gletscher-Post»

The latest news, topics and background reports on cultural events can be found in our monthly newspaper, available free of charge from your hotel or the tourist offices.

Saas-Fee/Saas Valley information displays

In Saas-Fee and the Saas Valley there are information booths providing details of events and sights.

Saas-Fee: Information displays: the local council offices, Obere Gasse, the sports field, Unter dem Biel, Am Biel, the tourist office, car park, Grosses Moos, Wildi.

Village map/information display: Car park, post office, village square, Grosses Moos

Saas-Grund: Information displays in the village square and the cable-car stations and chair-lift station. Information can also be found on various notice boards throughout the village.

Saas-Almagell: Information display at the village square and the cable-car station. Information display at the village square.

Saas-Balen: Information booth at the village square with information display.

Summer highlights 2006

Saas-Fee/Saas Valley

<i>Date</i>	<i>Event</i>	<i>Place</i>
mid June	Procession up to the alpine pastures and cow-fighting	Saas-Almagell
July 2	Procession up to the alpine pastures and cow-fighting	Saas-Grund
July 8–16	9 th International Alpine Music Festival	Saas-Fee
July 9	The Hohsi mountain race	Saas-Grund
July 15–16	The cantonal alphorn blowing festival takes place	Saas-Fee
July 23	Yodelling festival at Kreuzboden	Saas-Grund
July 28–29	Mountain film festival	Saas-Fee
July	Night-time lake-side festival	Saas-Almagell
July	Suckling pig festival	Saas-Almagell
July	Forest festival in Biderwald	Saas-Grund
August 1	Swiss National Day, 37 th folklore parade	Saas-Fee
	«How the early Saas People lived	Saas-Grund/-Almagell/-Balen
August 2	Hannig Trophy 06	Saas-Fee
August 4–18	9 th Música Romântica – Classical music festival	Saas-Fee
August 15	Alpine Farmers' Festival on Triftalp	Saas-Grund

All the resorts in the Saas Valley have their own weekly sports and culture programmes. Please ask for the detailed calendar of events in your resort.

9th International Alpine Music Festival

8–16 July 2006.

A highlight for folk music fans. There is nothing more typical for a mountain region than its folk music! The village centre in Saas Fee is transformed into a centre-stage: bands can be seen entering and leaving restaurants and folk music takes on a surprisingly modern tone!

For further information, interesting packages and admission tickets, please contact:

International Alpine Music Festival, Saas-Fee Tourism
tel. +41 (0)27 958 18 58, fax +41(0)27 958 18 60
e-mail: to@saas-fee.ch

Música Romântica – Classical Music Festival

4–18 August 2006

The Música Romântica festival, with the acclaimed star pianist Eliane Rodrigues as the focal point, presents a platform for classical music events. The festival consists of important romantic orchestral works, chamber music and classical solo evenings. The Música Romântica will this year again transform the glacier village of Saas-Fee in the canton of the Valais into a centre for classical music of the highest level, both qualitatively and topographically, from 4 to 18 August. The tranquillity of a car-free resort, far away from the stress of everyday life in large cities, in combination with classical music, creates a very special atmosphere which you seldom experience.

For further information, interesting packages and admission tickets, please contact: Saas-Fee Tourism, tel. +41 (0)27 958 18 58

fax +41 (0)27 958 18 60

e-mail: to@saas-fee.ch

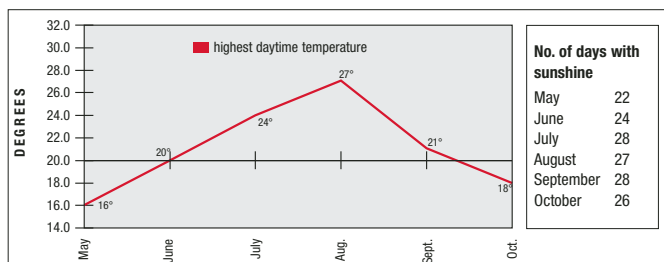




Suggestions for hikes in the region

The Saas Valley is situated in the south of Switzerland on the border with Italy. Well-known resorts such as Locarno and Ascona in the canton of Ticino are at the about same latitude. The Saas Valley enjoys a southerly, evenly-balanced climate despite its high altitude, as indicated by the unusually high tree-line and the rich, colourful and sometimes almost Mediterranean alpine flora.

Visitors can enjoy around 300 days of sunshine a year. The air grows noticeably cooler in cloudy weather and after sundown. It is therefore advisable to bring warm clothing even in summer.



You can enjoy exploring one of the highest **larch forests** in Europe surrounded by four-thousand-metre peaks. The dry soils which are particularly rich in nutrients allow a **large variety of plants** to flourish in the Saas Valley. Many of the alpine flowers are very rare and some are protected. You can see **marmots** playing, **herds of chamois** and shy **ibexes** on our many different hiking paths in the early morning hours. If you are lucky, you may even see one of the three golden **eagles** here coursing through the air on a nice day. Serpentine, mica schist, gabbro and quartzite are just a few of the **rocks** you can see at the Saas Museum.

Hiking trails

The Carl-Zuckmayer hiking trail, Saas-Fee

This hiking trail was established in 1996 in honour of the author Dr. Carl Zuckmayer.

5 serpentine rocks contain quotations by Zuckmayer from his speech at his naturalisation ceremony. You walk up from Haus Vogelweid, his former place of residence, to Bärenfalle, and then on to Melchboden and the Café Alpenblick. Finally, you follow the path through the forest past Hohnegg and down to Saas-Fee. Time: 2½ hrs.

Felskinn–Britannia Hut–Plattjen

The hike takes you from the top station at Felskinn via the Fee and Chessjen glaciers to the Britannia Hut, from which you can enjoy a spectacular view of the Mattmark lake and the Mattmark area. The route back takes you over the Chessjen glacier on the slopes of the Mittaghorn to the top station at Plattjen. Time: 2½ hrs.

Kreuzboden–Almagelleralp–Furggstalden

The gondola-lift from Saas-Grund takes you to Kreuzboden at 2400 m above sea-level. The hiking path takes you from here to the Triftgrätji viewpoint. The high-altitude hike continues via Grundberg to the slopes overlooking the Almagell Valley (2½ hrs.). From the Hotel Almagelleralp it is another hour's walk down to the hamlet of Furggstalden. You can take the chair-lift back down to the valley.



The Almagellerhorn adventure trail

You reach the hamlet of Furggstalden by chair-lift. Beginning at the top station of the Saas-Almagell–Furggstalden chair-lift, you take the road through the forest as far as the first curve to the right. After a short climb you reach the Hohlerch section of the forest. Hanging bridges, secured passages through the rocks and easy hiking sections take you around the Almagellerhorn to Almagelleralp. Time: 1 hr.

The Gspön high-altitude trail

One of the most beautiful high-altitude trails in the Valais and one of the highlights of your stay in the Saas Valley! – amidst fascinating mountain scenery with meadows of flowers and alpine pastures following traditional irrigation canals («suonen»). Approx. 4½ hrs.

Grächen–Saas-Fee

The route passes via Hannigalp, which you reach by means of the Grächen–Hannigalp gondola-lift. Follow the well-marked path to Balfrinalp. The trail passes through groves of alpine roses and past overhanging cliffs until you can see the houses of Saas-Balen. After Senggboden it is only another 20 minutes before you leave the larch forest and can see Saas-Fee. Time: 6 – 7 hrs. (Hiking and walking time without breaks). Information is obtainable at the tourist offices regarding the latest routes available and the current status whether they are passability.

NEW: GPS based walks

Now you have the chance to learn how to use a GPS device (GPS Global Positioning Satellite) during exciting walks with the entire family. There are various routes available for bikers, walkers and family-based walks as well as for the more adventurous among you. Available from Summer 2006. Contact the tourist office Saas Fee for more details.

Long-distance hiking paths/Trekking tours

The Swiss Monte Rosa Tour

The Swiss Monte Rosa Tour goes from Zermatt via Grächen to Saas-Fee.

The Monte Rosa Tour

A 7–9-day hike (CH-I) around the Monte Rosa massif (special brochure).

The Great Walser Trail

A tour across the Alps: Zermatt – Italy – the Saas Valley – the Grisons – Austria, a total of 850 km following the emigration route of the Walser.

The Simplon-Fletschhorn Trek

A 5-day hiking tour around the Fletschhorn in the Italian-Swiss border region.

Historical hiking trails

The Monte Moro Pass, 2853 m

The section from Saas-Almagell to the Monte Moro Pass connects the Saas Valley with the Walser settlement of Macugnaga in Italy. The trail appears to have been used since the 13th century. The trail over the pass is of great historical importance for international traffic and is rated as a historical path of national importance. You can climb up to the pass from the north on wide slabs of rock; however, the way down to Macugnaga is in a bad state and can be by-passed by taking the cable-car. The pass itself affords the most beautiful view of the east face of the Monte-Rosa, the highest wall of ice in the Alps.

The Antrona Pass, 2842 m

This pass connects the Saas Valley with the Valle di Antrona, first mentioned in documents in 1217. From the year 1791 on, the narrow path was converted into a mule track and a salt suster was built on the pass. A historical trail of national importance.



Educational trails

The Spielboden ecological trail, Saas-Fee

You take the Hannig gondola-lift up to 2350 m above sea-level. From here you turn left in the direction of Schöneegg and then continue in the direction of the Torrenbach stream, always keeping route 10 in your sights. The boards at the edge of the path contain information about the local inhabitants' way of life, about energy, vegetation, the Fee glacier and a great deal more. After you have passed the glacier lake, take the path to Spielboden, and then take the Spielboden gondola-lift back down to the valley. Time: 4½ hrs. (Brochure available, see page 25).

The alpine flower walk, Saas-Grund

Thousand-year-old larches and more than 240 different species of plants line the trail, amongst them flowers only found in the Saas Valley. For more information see the information leaflet. 3–4 hrs. (Brochure available, see page 25.)

The Hohsi natural phenomena circular trail, Kreuzboden

Find out about natural phenomena in an interesting way. The educational trail begins next to Hohsiland. You will learn interesting facts about the origin of the earth, the weather, the mountains and the perpetual ice from the themed information boards.

The forest educational trail, Furggstalden–Saas-Almagell

The chair-lift takes you from Saas-Almagell to Furggstalden. The educational trail first takes you through the old hamlet of Furggstalden and then along the path through the forest down to Saas-Almagell. The information boards on the edge of the path explain the functions the forest performs (place of recreation – protection from natural dangers – habitat for animals, etc.) and also contain information about the various types of trees, bushes and lichen as well as about the animals in the forest.

The Almagellerbach nature adventure trail, Saas-Almagell

In the course of a 1½ -hour hike you can witness the passage of water from its source as it becomes a raging mountain torrent and finally the tranquil river Vispa.

The Mattmark dam – the biggest natural dam in Europe

The Mattmark reservoir is an artificial lake which was built to produce energy. The actual construction, a 120 m-high dam with a volume of 10.5 million cubic metres, consists of moraine material which was taken from the surrounding area. From the well-laid-out circular trail you can see the dam and the different streams which feed into it from the whole valley. You will also see the glacier, the mountain pastures and in particular the unique alpine flora and fauna at close quarters on the approx. 2-hr. hike.

For other hikes ask for our detailed hiking map of the Saas Valley in the various tourist offices. We will also gladly give you information about other excursions and guided hikes which you can undertake (hikes on a glacier, hikes to learn about mushrooms and toadstools, and an adventure tour for rock hunters in Saas-Fee).



Saas Valley adventure pass

For the whole family

(children up to 16 free) only

CHF 345.- € 230.-

For individual passengers only

CHF 171.- € 114.-

Valid for 7 days from mid-June to mid-October 2006:

- The entire mountain transport system of the Saas Valley, incl. the Metro Alpin (only for pedestrians)
- Postbus from Stalden to Saas-Fee and Mattmark
- admission to the Saas museum and the Saas-Fee bakery museum
- 1 admission to the indoor swimming pool at the Bielen leisure centre
- guided tours through the Mattmark power station every Tuesday
- 1 admission to the mini golf courses in Saas-Fee and Saas-Almagell
- A ride on the «Feeblitz» toboggan run
- The Gspon high altitude trail (transport by post-bus and cable car)

Family summer sensation

Free for children up to age of 16 in the hiking region of Saas-Fee and the Saastal, all children accompanied by parents with an adventure pass

Saas Valley plus adventure pass

Enjoy the 14-day «Saas Valley plus» adventure pass.

You choose when you want to use the pass (can be used in 7 out of a total 14 days)

- Additional to the adventure pass: The Grächen high altitude trail (transport by post-bus and cable car)

Valid for 7 days from mid-June to mid-October 2006:

For the whole family

(children up to 16 free) only

CHF 399.- € 266.-

For individual passengers only

CHF 199.- € 133.-

The Saas Valley hiking pass – NEW: incl. Postbus

Valid for 7 days from mid-June to mid-October 2006 on the

- Plattjen, Längfluh, Hannig, Hohsaas, Furggstalden, Gspon, Spielboden and Felskinn cable-cars
- Postbus from Stalden to Saas-Fee

For the whole family: only

CHF 234.- € 156.-

For individual passengers: only

CHF 117.- € 78.-

The passes are available at all the cable-car stations in the Saas Valley.

Opening times

Please note: exact adherence to times given in this timetable is not guaranteed!

Section	Opening times	Timetable	
Saas-Fee–Allalin (Alpin-Express) Section 1+2 Saas-Fee–Felskinn	01.07.06–07.07.06	8.30–16.00 h	no skiing
	08.07.06–18.08.06	6.45–16.30 h	skiing – 13.00 h
	19.08.06–29.09.06	7.30–16.15 h	skiing – 14.00 h
	30.09.06–27.10.06	8.00–16.00 h	skiing – 14.00 h
	28.10.06–19.11.06	8.30–15.45 h	skiing – 15.00 h
Felskinn–Allalin (Metro Alpin) Section 3	17.06.06–30.06.06	↑ 8.45–15.45 h	Last ride down 15.45 h
	08.07.06–18.08.06	↑ 7.00–16.00 h	Last ride down 16.15 h
	19.08.06–29.09.06	↑ 7.45–15.45 h	Last ride down 16.00 h
	30.09.06–27.10.06	↑ 8.15–15.30 h	Last ride down 15.45 h
	28.10.06–19.11.06	↑ 8.45–15.15 h	Last ride down 15.45 h
Saas-Fee–Felskinn Felskinnbahn	02.05.06–05.06.06	8.00 h and 16.30 h	
	06.06.06–16.06.06	No service	
	17.06.06–30.06.06 from 01.07.06	8.30–16.00 h No service	Last ride down 16.00 h
Saas-Fee–Spielboden Section 1	01.07.06–15.10.06	8.45–12.15 and 13.30–16.45 h	Last ride down 17.15 h
	from 16.10.06	No service	
Spielboden–Längfluh Section 2	Connection to section 1, every 30 minutes Last ride down from Längfluh 17.05 h		
Saas-Fee–Plattjen	01.07.06–29.09.06	8.45–12.15 h/13.30–16.45 h	
	from 30.09.06	No service	
Saas-Fee–Hannig	27.05.06–30.06.06	Every hour 9.00–16.00 h	
	01.07.06–29.09.06	8.45–12.15/13.30–16.45 h	
	30.09.09–22.10.06	Every hour 9.00–17.00 h	
Saas-Grund–Kreuzboden Section 1	11.06.06–30.06.06	8.00–12.00/13.15–16.45 h	
	01.07.06–10.09.06	7.30–12.00/13.15–16.45 h	
	11.09.06–08.10.06	8.00–12.00/13.15–16.45 h	
Kreuzboden–Hohsaas Section 2	17.06.06–30.06.06	8.15–12.00/13.15–16.15 h	
	01.07.06–10.09.06	7.45–12.00/13.15–16.15 h	
	11.09.06–24.09.06	8.15–12.00/13.15–16.15 h	
Special days of service in the regular timetable for the 1st section, Saas-Grund–Kreuzboden: 31 May 2006, 3, 8 June 2006 and 10/12 October 2006			
Please note: the last ride up with a connection to Hohsaas leaves Saas-Grund at 16.00			
Saas-Almagell–Furggstalden	11.06.06–01.07.06	4 rides per day	
	02.07.06–24.09.06	8.30–12.00/13.15–16.45 h	
	25.09.06–08.10.06	4 rides per day	
	Rides at: 9.00–9.30/11.00–12.00/13.15–14.00/16.30–17.00 h		
Furggstalden–Heidbodmen	every Sunday, Tuesday and Thursday		
	11.06.06–01.07.06	9.30–13.00 h	
	02.07.06–03.09.06	9.00–11.45/13.30–16.45 h	
	04.09.06–24.09.06	9.30–13.00 h	

Fares

Single fares	Adults		Children		Groups of adults up to 10 people		Groups of children up to 10 people		
	CHF	€	CHF	€	CHF	€	CHF	€	
Saas-Fee-Allalin	^	53.–	35.50	26.50	18.00	42.–	28.–	21.–	14.–
	^v	69.–	46.–	34.50	23.–	55.–	37.–	27.50	18.50
Saas-Fee-Hohlaub	^	46.–	31.–	23.–	15.50	37.–	25.–	18.50	12.50
	^v	61.–	41.–	30.50	20.50	49.–	33.–	24.50	16.50
Saas-Fee-Felskinn	^	27.–	18.–	13.50	9.–	21.–	14.–	10.50	7.–
Saas-Fee-Längfluh	^v	35.–	23.50	17.50	12.–	28.–	19.–	14.–	9.50
Felskinn-Allalin	^	26.–	17.50	13.–	9.–	21.–	14.–	10.50	7.–
	^v	34.–	23.–	17.–	11.50	27.–	18.–	13.50	9.–
Felskinn-Hohlaub	^	12.–	8.–	6.–	4.–	10.–	7.–	5.–	3.50
Spielboden-Längfluh	^v	17.–	11.50	8.50	6.–	13.–	8.–	6.50	4.50
Saas-Fee-Spielboden	^	18.–	12.–	9.–	6.–	14.–	9.50	7.–	5.–
Saas-Fee-Morenia	^v	25.–	17.–	12.50	8.50	20.–	13.50	10.–	7.–
Saas-Fee-Plattjen	^	25.–	17.–	12.50	8.50	20.–	13.50	10.–	7.–
Saas-Fee-Hannig	^v	35.–	23.50	17.50	12.–	28.–	19.–	14.–	9.50
Plattjen-Felskinn	^	21.–	14.–	10.50	7.–	16.80	11.–	8.40	5.50
Saas-Grund-Kreuzboden	v	17.–	11.50	8.50	5.50	13.60	9.–	6.80	4.50
	^v	26.–	17.50	13.–	9.–	20.80	14.–	10.40	7.–
Saas-Grund-Hohsaas	^	28.–	18.50	14.–	9.50	22.40	15.–	11.20	7.50
	v	22.–	14.50	11.–	7.50	17.60	11.50	8.80	6.–
^v	35.–	23.50	17.50	11.50	28.–	18.50	14.–	9.50	
Kreuzboden-Hohsaas	^	19.–	12.50	9.50	6.50	15.20	10.–	7.60	5.–
	v	16.–	10.50	8.–	5.50	12.80	8.50	6.40	4.50
^v	23.–	15.50	11.50	7.50	18.40	12.–	9.20	6.–	
Saas-Grund-Kreuzboden	^	31.–	20.50	15.50	10.50	24.80	16.50	12.40	8.50
Hohsaas-Kreuzboden	^v	7.–	4.50	3.50	2.50	6.30	4.–	3.20	2.–
Saas-Almagell-Furggstalden	^	10.–	6.50	5.–	3.50	9.–	6.–	4.50	3.–
Furggstalden-Heidbodmen	^	10.–	6.50	5.–	3.50	9.00	6.–	4.50	3.–
	^v	13.–	8.50	6.50	4.50	11.70	8.–	5.90	4.–
Saas-Almagell-Heidbodmen	^	15.–	10.–	7.50	5.–	13.50	9.–	6.80	4.50
	^v	19.–	12.50	9.50	6.50	17.10	11.50	8.60	5.50
Saas-Almagell-Heidbodmen-Furggstalden	^v	17.–	11.50	8.50	5.50	15.30	10.–	7.70	5.–

Price reductions for Saas-Grund, Saas-Almagell

- 10% For holders of the regional visitor's cards, invalids and senior citizens, Swiss Pass, Swiss Flexi-Pass
- 20% Half-fare and general pass, Swiss Card
- For groups every 10th person in a group travels free, Junior card accepted
- Price reductions cannot be accumulated with one another. All rates are subject to change.

Price reductions for Saas-Fee

- 10% For holders of the regional visitor's cards
- 50% Half-fare and general pass, Swiss Card, Swiss Pass, Swiss Flexi-Pass, Euro Rail
- Junior Card accepted
- Groups: 10th person travels free
- Juniorcard is accepted. Euro26 and Gleis 7 get the group price

Inexpensive packages: the Saas Valley adventure pass and the Saas Valley hiking pass (see page 20)

Summer snow sport

Enjoy the unusual experience of skiing or snowboarding in summer. Five pistes and three drag-lifts are there for you to use. Snowboarders and freestyle skiers can have fun on the rails, in the half-pipe, and on the snow-cross and kickers at the Snowpark Allalin.

Saas-Fee

Summer skiing & snowboarding	20 km of well prepared slopes from 1.7.2006
Private instruction Swiss Ski- und Snowboardschule	Tel. +41 (0)27 957 23 48
ESKIMOS: Ski- and Snowboardschool	Tel. +41 (0)27 957 49 04, Mobile +41 (0)78 612 81 24, E-Mail: info@eskimos.ch, www.eskimos.ch
Ski and snowboard rental	In all local sports shops
Skiwear rental	Cesar Sport Alpin, Cesar Sport Rent, Easy Sport

Euros: these are standard prices (exchange rate:
Euro 1 = CHF 1.50)

		Price per person			
		Adults		Children	
		CHF	€	CHF	€
1	day	61.–	40.50	37.–	24.50
2	days	118.–	78.50	71.–	47.50
3	"	167.–	111.50	101.–	67.50
4	"	214.–	142.50	129.–	86.–
5	"	261.–	174.–	157.–	104.50
6	"	303.–	202.–	182.–	121.50
7	"	340.–	226.50	204.–	136.–
8	"	369.–	246.–	222.–	148.–
9	"	401.–	267.50	241.–	160.50
10	"	429.–	286.–	258.–	172.–
11	"	460.–	306.50	276.–	184.–
12	"	488.–	325.50	293.–	195.50
13	"	517.–	344.50	310.–	206.50
14	"	538.–	358.50	323.–	215.50



Please note

No skiing from May 2 to July 7, 2006!

Skiing possible from July 8, 2006

Children's tariff: from 6th to 16th birthday

- From 8 days on photo required
- Children up to their 6th birthday FREE
- From their 62nd birthday senior citizens pay the senior rate
- Extensions possible from 6 days: on

Adults	1 day CHF 50.– € 33.50	2 days CHF 87.– € 58.–
Children	1 day CHF 30.– € 20.–	2 days CHF 53.– € 35.–
- Key-Card deposit: CHF 5.– € 3.50
- Choice of subscriptions ranging from 2 days to 14 days (2 in 4 days, 3 in 5 days, etc)

Ski passes bookable online

If you are in possession of a data carrier from Skidata such as Key-Card or Swatch then you can book your ski pass in comfort at home. No need to stand in long queues anymore! See www.saas-fee.ch/bergbahnen.



Destinations for day-trips and outings

A Allalin, 3500 m

A world of glaciers and summer snow sports

Marvel at the Saas Valley's highest excursion point with a panorama from the Allalin glacier mountain to the famous Jungfrau region.

The comfortable «Alpin-Express» cable-car takes you to nearby tongue of the glacier at Felskinn (3000 m) in just a few minutes. A breathtaking view over the snow and glaciers awaits the visitor.

In the highest revolving restaurant in the world, the entire spectacular world of mountains passes by the visitor in exactly one hour. Come and see our film show in the rustic Arvenstübli room. Another fantastic experience is a visit to the biggest ice pavilion in the world. If you want to know what a glacier looks like from the inside or would like to look at a crevasse from below it and learn a great deal more about glaciology, these secrets are revealed in the ice pavilion. Pingu awaits visiting children in his igloo and there are also slides and passages through the ice.

Admission is included in the individual return ticket Saas-Fee –Allalin, CHF 5.– € 3.–, Children CHF 3.– € 2.–

Opening times: see the timetable of the Saas-Fee mountain transport company – Metro Alpin

A visit to the Allalin in Saas-Fee guarantees a unique experience for both old and young.

And you can climb your first four-thousand-metre peak with an experienced mountain guide.

Starting point for: Allalin, at 4027 m and other four-thousand-metre peaks

Attractions: Summer skiing region, Superpipe, fun for snowboarders
Biggest ice grotto in the world (over 5500 m²)
Highest revolving restaurant in the world, 3500 m
Filmshow
Fascinating views of the world of mountains and glaciers
Mountain guides monument
Location of live cams in the skiing area

Allalin sport and test centre: 20 km of pistes on the glacier – starting point of the summer snow sport area
Superpipe – adventure park for snowboarders
Ski- and snowboard teams train on our slopes and prepare for the coming winter
Test the latest models of ski and snowboard through your sports shop
(Swiss Ski test Organization and Swiss Snowboard Box)

B Felskinn, 3000 m / Morenia, 2500 m

Adventure world of glacier hikes

Walk over the eternal snow and glaciers. A refreshing summer experience.

Starting point for: The Britannia hut at 3029 m (you can spend the night here if you wish), Plattjen Strahlhorn and other four-thousand-metre peaks
Journey by the highest underground funicular, the «Metro Alpin»
The 4-glacier tour
Morenia: the Mittaghorn via ferrata, downhill mountain-bike trail to Saas-Fee.

Attractions: The panorama terrace provides a fascinating view of the surrounding mountains and glaciers.



C Längfluh, 2870 m

Mischabel adventure world

Marvel at Switzerland's highest mountains, the Mischabel range. Your crowning experience arriving at the peak.

Starting point for: The Alphubel at 4206 metres and other four-thousand-metre peaks of the Mischabel range. Spend the night in the Längfluh hut if you wish.

Attractions: View from the perpetual ice to the Mischabel range with Switzerland's highest mountain, the Dom at 4545 metres.

D Spielboden, 2447 m

The world of marmots

Have fun feeding the comical little mountain dwellers with carrots, nuts and other titbits for their winter store.

Starting point for: Längfluh – restaurant and hut
Ecological hiking trail

Attractions: A very special experience: feeding the delightful little marmots in the unspoilt mountain world.

E Plattjen, 2570 m

The Saas panorama

The modern 6-person gondola-lift takes you to the attractive Plattjen viewpoint. Visit the lookout point (5 minutes by foot from the Plattjen station) which offers an excellent view of the man-made Mattmark dam.

Starting point for: The geological trail
The hiking trail to Saas-Almagell
The hiking trail to Mattmark dam
The ascent of the Mittaghorn, the finishing point of the Mittaghorn via ferrata

F Hannig, 2350 m

A sun terrace

Relax on this beautiful terrace and enjoy panoramic views.

Starting point for: The Mischabel hut
The ecological trail
The ibex trail
The Melchboden biotope
The mountain hamlet of Hohnegg
Rides on scooters

Attractions: Children's playground

G Furggstalden/Heidbodmen, 1893/2400 m

The world of the ancient Romans and the Walsers

Take the chair-lift up to the old hamlet of Furggstalden and follow the footsteps of the ancient Romans and Walsers tribe.

Starting point for: The Almagellerhorn adventure trail
The forest educational trail
Rides on scooters



Furggstalden–Furggtal–Zermeiggern–Saas-Almagell
Furggstalden–Furggtal–the Antrona Pass–Jazzilücke–Ofental–the Mattmark reservoir
Furggstalden–road through the forest–Saas-Almagell
Furggstalden–road through the forest–Saas-Almagell
Furggstalden–Heidbodmen
Ascent of the Almagellerhorn

Attractions: The Wasserboden recreation area
The mountain restaurant
The rock-climbing centre
The old hamlet of Furggstalden
Sensational views from the Heidbodme at 2400m.

H Kreuzboden, 2397 m

A paradise for families

The world of alpine flowers

Discover a paradise of alpine flowers from the edelweiss to the alpine rose.

Starting point for: The Kreuzboden– Almagellalp–Saas-Almagell high altitude trail
The Kreuzboden–Gspion high route
The alpine flowers educational trail from Kreuzboden to Saas-Grund
(detailed brochure available)
The «Weissmies/Jägihorn» via ferrata
The Hohsi natural phenomena circular trail
Start at Monstertrotti departure point.

Attractions: Mountain lake–magnificent view of the alpine world
Hannig: panoramic view all over Saas Valley
Hohsiland and pet zoo

I Hohsaas, 3200 m

A climber's paradise

View across the national border to Monte Rosa

Starting point for: High-altitude climbs, the Weissmies, Laggin, and various climbs

Attractions: Glaciers so close you can almost touch them
Viewpoint at 3200 m: panorama of 18 four-thousand-metre peaks
in the Mischabel chain (the Dom, 4545 m) and the Monte Rosa massif
(the Dufourspitze, 4609 m)
There is a new restaurant there with a large panorama viewing area.

J Mattmark power station at Zermeiggern

A guided tour of the Mattmark power station at Zermeiggern (outside Saas-Almagell). This is a hydro-electric power station which is fed by the Mattmark reservoir.

You are taken through various stages of operations and will receive information about the history of the area and details about how the power station came into being.

Time: Tuesdays at 2.15 p.m. Admission free.
Meeting place: The bus stop for the power station at Zermeiggern
(the Saas-Grund–Saas-Almagell–Mattmark reservoir line)

Alpinism & Adventure

Mountain climbing schools

Extract from the tour programme

Allalin 4027 m (daily)

Probably the easiest and most popular 4000 m peak in Switzerland. Under the expert guidance of a mountain guide it is safely attainable for almost everyone, whether as a training or acclimatising tour or else as a holiday highlight. The Allalinhorn is also a suitable destination for families. Also young mountain climbers will be delighted with their first 4000-m peak.

Rock and ice climbing, glacier trekking, mountaineering

The Saas Valley mountaineering schools organize a varied programme for beginners and advanced climbers in summer. Experienced mountain guides show you the way onto our four-thousand-metre mountains and the most beautiful tours around Saas-Fee and in the Saas Valley.

For the young and young-at-heart, for beginners and experts, for individuals and groups; the appeal is universal! The Saas Valley is a paradise for mountaineering.

Walking tour of the glacier

Easy-paced walk over the glacier in Saastal. The mountain guide will lead you over the magnificent glacier areas. A fantastic experience even for non-mountain climbers.

Children's mountaineering training (Tuesday and Friday)

Opportunity for children to get the most out of their holiday. Mountain guides teach your offspring to climb in the rocks or ice. Children greatly enjoy the mountain activity and parents will be surprised to see just how easily their children move around the rocks.

Other suggestions for tours and detailed information are available from the mountaineering schools:

Bergführerbüro Mountain-Life
3906 Saas-Fee
Tel. /fax +41 (0)27 957 44 64
www.mountain-life.ch
E-mail: info@mountain-life.ch

Active Dreams
3910 Saas-Grund
Tel. +41 (0)27 957 14 44
Fax +41 (0)27 957 14 43
www.weissmies.ch
E-mail: weissmies@rhone.ch

Gorge Alpine

The canyon experience from Saas-Fee to Saas-Grund

There are numerous ways of reaching Saas-Grund from Saas-Fee. By the normal route or down the «Alpine Gorge». This is a mountain descent from Saas-Fee to Saas-Grund constructed by the mountain guides of the Saas Valley. An absolutely safe descent is ensured in the company of a mountain guide using fixed steel ropes, ladders, 3 Tyroliennes and a suspension bridge.

Booking

Mountaineering schools Active Dreams, Saas-Grund, & Mountain Life, Saas-Fee (see page 26).

Price: CHF 105.– whole canyon

Price: CHF 75.– half of the canyon

Availability: Mon, Wed, Fri (groups on request)

Equipment: sound footwear (helmet, climbing belt and safety equipment is provided)



Via ferrata

The Mittaghorn via ferrata

The start can easily be reached from Saas-Fee using the mountain transport system. You will enjoy the fantastic view on the way as well as the experience of setting foot on the summit of the Mittaghorn. A via ferrata for families, groups, school classes and enthusiasts both young and old.

Degree of difficulty: easy to moderately difficult

The Jägihorn via ferrata

The panoramic via ferrata (secured climbing route) on the Jägihorn offers the pure pleasure of a via ferrata. 5 ladders, 400 hooks, foot- and hand-holds, 1000 m of steel cable, plunging views and views into the distance within the ring of the Saas Valley's four-thousand-metre peaks. Degree of difficulty: medium to difficult, should be undertaken with a mountain guide.

An adventure on the rock: climbing and abseiling, the Saas-Grund «mini via ferrata»

We organise a breathtaking climb with optimal safety in the immediate vicinity of the climbing school. The highlight is a long, free-hanging, secured abseil which is sure to impress anyone who tries it. We organise this event for people visiting the Saas Valley every Thursday at 4 p.m. (July and August). We also recommend this activity for societies, groups and schools. Ask for a quotation.

The Via Ferrata del Lago

This via ferrata takes you from the Almagell Valley to the Antrona Valley in Italy. The name «Via Ferrata del Lago» comes from the fact that when the weather is good you can see as far as Lake Maggiore. The altitude difference on the climb is around 400 metres. 50 metres of ladders are installed over a length of about 700 metres, the rest is equipped with foot- and handholds. It can be undertaken from the beginning of July until the end of September and is recommended to be undertaken as a 2-day tour.

List of mountain huts

<i>Mountain hut</i>	<i>Telephone number</i>	<i>Accommodates</i>
Almagelleralp	+41 (0)27 957 38 48/(0)78 638 14 88	40 persons
Almagellerhut	+41 (0)27 957 11 79	81 persons
Britanniahut	+41 (0)27 957 22 88	113 persons
Domhut	+41 (0)27 967 26 34	75 persons
Europahut	+41 (0)27 967 82 78/(0)79 291 33 22	42 persons
Hohsaas	+41 (0)27 957 17 13/(0)79 628 41 79	76 persons
Längfluh	+41 (0)27 957 21 32	128 persons
Mischabelhut	+41 (0)27 957 13 17	124 persons
Monte Rosa	+41 (0)27 967 21 15	60 persons
Täschhut	+41 (0)27 967 39 13	60 persons
Weissmieshut	+41 (0)27 957 25 54	110 persons
Simelihut	+41 (0)27 946 19 69	8 persons

Please contact the hut warden before setting out for information about opening times and vacancies.

«Feeblitz» bobsleigh run

The experience of a lifetime in the pearl of the Alps. The toboggan run is open in summer and winter, and offers lots of fun for young and old alike. The «Feeblitz» is in the Mischi region (next to the Alpine Express valley station). Phone +41 (0)27 957 31 11 **NEW THIS YEAR: Bungee trampoline**

Admission cost

	Adults with visitor's card (without)	Children with visitor's card (without)
1 Ride	CHF 5.30 (6.-) € 3.50 (4.-)	CHF 3.60 (4.-) € 2.50 (2.50)
5 Rides	CHF 24.50 (28.-) € 16.50 (18.50)	CHF 16.70 (18.50) € 11.- (12.50)
10 Rides	CHF 48.- (55.-) € 32.- (36.50)	CHF 32.50 (36.-) € 21.50 (24.-)
Opening times	June 12.30–17.30 h	
	July/August 10.00–18.00 h	
	September 12.00–18.00 h, Sa/Su	10.00–18.00 h
	October 12.00–17.30 h, Sa/Su	10.30–17.30 h

Mountain-biking

A network of trails about 70 km long awaits the mountain-biker! There is something for everyone with both difficult and easy trails (all are marked). A detailed mountain-bike map is available at the tourist offices and from the mountain transport companies.

Rental of bikes	Saas-Fee Ferienart Sport & Fashion High Noon Sport-Shop Cesar Sport Alpin Anselm Bumann Glacier Sport	Saas-Grund Bergbahnen Hohsaas (Bottom station)
Repairs	Anselm Bumann	
Biker Pass (ab 1.7.06)	«Choice of day» pass (Hannig/Morenia) CHF 32.- € 21.50 Children CHF 22.- € 14.50 (only for use with a bike)	«Choice of day» pass (Kreuzboden) CHF 29.- € 19.- Children CHF 14.50 € 10.- (only for use with a bike)

Scooters

The 3.5 km-long scooter trail from **Furggstalden to Saas-Almagell** is particularly suitable for beginners and families. The wide tarred road is easy to ride on.

The trail from **Hannig to Saas-Fee** is on a 6 km-long unpaved road. Riding on scooters through the glorious countryside is an activity recommended for sporty people.

Rental of scooters: the Hannig gondola-lift in Saas-Fee, the Saas-Almagell lifts.

Monster scooters

You can rent the best downhill scooters here. Take the gondola-lift to Kreuzboden and enjoy a very special 11 km-long run to Saas-Grund. For information and reservations contact the Hohsaas mountain transport company.

Alpine golf course in Saas-Fee

Would you like to try out your golfing skills on an Alpine golf course? You can do this now in Saas-Fee. The 9-hole course by the Kalbermatten sports field is open daily.

Price	with visitor's card CHF 19.- € 12.50 / without visitor's card CHF 22.- € 14.50 (incl. clubs)
Driving Range	50 balls CHF 5.- € 3.50
Opening times	8.00 till 19.00 h
Further information	Sportplatz Kalbermatten (sports ground)/Saas-Fee Tourist Office

Further sports activities

	<i>Saas-Fee</i>	<i>Saas-Grund</i>	<i>Saas-Almagell</i>	<i>Saas-Balen</i>
Football Basketball Volleyball	Kalbermatten sports field Rental of the field for groups CHF 10.– € 6.50/h (half pitch for football)	Wichel sports field	Sports field	Sports field
Inline-Skating Skateboard	Skating park at the Kalbermatten sports field			
Tennis	Kalbermatten sports field 8.00–22.00 with visitor's card CHF 19.– € 12.50 without visitor's card CHF 22.– € 14.50 10er-Abo CHF 160.– € 106.50 (6 Outdoor) Bielen leisure center	Infos + booking at the Tourist Office 8.00–22.00 with visitor's card CHF 16.– € 10.50 without visitor's card CHF 18.– € 12.– (3 Outdoor)	Sports field 8.00–22.00 with visitor's card CHF 13.50 € 9.– without visitor's card CHF 15.– € 10.– (4 Outdoor)	Sports field 8.00–22.00 Reservations at the post office
Fitness trails	Vita Parcours (21 stations) Starts behind the restaurant Alp-Hitta	Fitness trails Saaser-Vispa fitness circuit «Fun» and «Power» programmes		
Nordic Walking	Nordic walking: the 15 km Helsana Swiss running/walking trail. Various activities and services on request: Nordic walking trails, rental of poles, instruction and accompanied tours. For information and reservations contact Saas-Fee Tourism. Also available as special all-in-one 3-day package deals.			
Minigolf	Bottom station Alpin Express Beginning of June – end of October Adults visitor's card CHF 4.– € 2.50 without visitor's card CHF 4.50 € 3.– Children with visitor's card CHF 2.– € 1.50 without visitor's card CHF 2.50 € 1.50 Groups on request		Adults with visitor's card CHF 4.50 € 3.– without visitor's card CHF 5.– € 3.50 Children with visitor's card CHF 2.50 € 1.50 without visitor's card CHF 3.– € 2.– Groups up to 10 pers. with visitor's card CHF 2.– € 1.50 without visitor's card CHF 4.– € 2.50	
Pit-Pat	Hotel Waldesruh (open: July + August) Adults CHF 4.50 € 3.– Children CHF 3.50 € 2.50		see prices mini golf	
Pétanque	Rest. La Gorge, Bergrestaurant Plattjen, Arvu-Stube 9.00–22.00, free		Rest. Furggstalden, 10.00–18.00, free	



Experiences for children and families



In October 2005 Saas Fee/Saastal was awarded with the stamp of quality slogan «families welcome» by the Swiss tourism board. Those family-oriented locations around the Saas areas offer everything that a family-based holiday could wish for. Take the opportunity to experience a carefree and unforgettable holiday with your family surrounded by magnificent scenery and nature.

Seite 37

Child minding service

Garderie Murmeli, Saas-Fee

Children aged between 18 months and 6 years Monday to Friday 8 a.m. until 5 p.m., Saturdays 8 a.m. until 2 p.m.
Costs: half-day without lunch CHF 30.–, half-day with lunch CHF 46.–, whole-day CHF 76.–.
Registration: day nursery Murmeli, Hotel Artemis, 3906 Saas-Fee, Tel. +41 (0)27 957 40 57, mobile phone +41 (0) 79 400 89 25.

Day nursery «Wirbelwind», Saas-Grund

Suitable for children aged one month and older. Tuesday until Friday 9 a.m. until 4 p.m.
Price per hour CHF 8.50 € 5.50, whole day CHF 50.– € 34.–, lunch CHF 8.– € 5.–.

Destinations for day-trips and outings

Spielboden

You can feed the marmots with nuts and carrots at Spielboden: a thrilling experience for all young children.

Hannig

Enjoy a relaxing day with lots of fun for the whole family on the Saas Valley's sun terrace with its spectacular view of the Saas Valley's world of mountains and glaciers.

NEW: *childrens fairy-tale and legend paths*

Summer 2006 will see the first childrens fairy-tale and legend path being opened. Our younger visitors will have fairy-tales and legends related to the Saastal told to them at certain stopping points between Melchboden and Bärenfalle. Such tales to be told shall be colourfully illustrated on various notice-boards. Further information available from the tourist office at Saas Fee.

Places for family outings

There are lovely barbecue areas and other spots where you can spend a pleasant afternoon with the family. Barbecue areas and playgrounds are marked on both the panorama map and hiking map.

Hohsiland at Kreuzboden

We have a very special place for children too. Barbecue areas, small animals such as ducks, pot-bellied pigs, dwarf goats and many others are a popular attraction at Kreuzboden. There are also plenty of ways for children to let off steam at «Hohsiland» – whether it be on hanging bridges, climbing walls, on the 10 m-high climbing tower or in the water amusement park. You can learn interesting facts about natural phenomena on the «Hohsi circular trail».

Special «made-to-order» programm tailored to your own specific needs and wants

Information and reservation obtainable at local tourist offices.

Saas-Fee

Fun in the open air

An activity for families, children and young people! After a picnic in the wolves' den we set off on the marmot trail. If we're lucky, they will even eat out of our hands. For information and reservations contact the Saas-Fee tourist office. Reservations are required and must be made by the evening before the activity. Free of charge.

Games afternoon for children

Relays games and prizes to be won! Every Wednesday as shown in the current calendar of events. Free of charge.

The Saas Valley

«Absolutely playful» ...

... the unique summer offer for families!

Hi kids! Do you love hiking, playing and discovering new things? Then, « Play with us » is just the right thing for you. Go on an adventurous 1-week Saas Valley expedition together with your whole family (see flyer).

Children's adventure day at Kreuzboden

We will take care of your children from 10 a.m. to 4 p.m., entertaining them with fun, games and adventures, so that you can treat yourself to a day off.

For information and reservations contact, tel. +41 (0)27 958 15 80.

Fun 4 Kids – entertainment for children

Time: Tuesday from 2 p.m. to 5 p.m. at the Saas-Almagell tourist office

Price: CHF 10.–

Take with you: hiking gear, rain protection, sun cream

Reservations: by 5 p.m. Monday evening at the Saas-Almagell tourist office

Trekking on horseback (Saas-Grund, Saas-Almagell)

Explore the region on horseback ... a very special way to get to know the Saas Valley in summer:

- *The grand tour of the Mattmark lake*
A trekking tour on horseback up to the Mattmark lake. You must know how to ride.
- *A ride on horseback*
Riding instruction and rides by the hour by arrangement with the Saas-Grund tourist office.
- *An evening ride in a horse-drawn carriage*
A ride in a horse-drawn carriage in the evening sun. Enjoy this ride of about 1 hour through the varied scenery of the Saas Valley. This little adventure is an unforgettable experience for both old and young.

Bad weather program

Fun and games (on bad weather days)

It's raining – what shall we do? If you don't want to sit around and mope, come and see us! We will have fun playing and making things together.

The Bielen leisure centre (page 34)

The Bakery Museum, Saas-Fee

Visit the Bakery Museum in the Hotel Garni Bakery Imseng. Baking in the past and present, a fascinating experience for young and old. You can copy recipes here.

Opening times: Daily from 7 a.m. to 7 p.m.

Admission free

Baking session for children (with diploma): every Tuesday, 11.00 h, CHF 6.– € 4.–

Please book in advance, tel. +41 (0)27 958 12 58. Don't forget your camera!

The tourist offices will gladly provide you with further information.



A cultural experience

The history of the area

Settlements in the Saas Valley go back to days of the Celts. The first towns in the Valais were founded by the Romans, and a pass through the Saas Valley for trade with Italy probably existed already in those days. The Saracens invaded the Valais in 939. Many names of places and mountains (Allalin, Monte Moro among others) probably came into being at this time and still now recall this era. The Walser emigration began 700 years ago, and many people from the Saas Valley also left their homeland for good because there was too little to survive on and in the hope of finding greater freedom. They set off over the Monte Moro and Antrona passes with their wives and children, their cattle and all their possessions and settled in the rough highlands of the Walser settlements of Macugnaga and Antronapiana. Friendly neighbourly relations between the inhabitants on both sides of the Monte Moro have been maintained to the present day. The Saas Valley has often been affected by extreme weather, floods, disease and war (Napoleon among others). Nevertheless, the inhabitants of the Saas Valley with their iron will and great creativity managed time and again to continue their traditions and to make the valley a place of spiritual and physical well-being, even in the direst of circumstances. The Saas Valley was gradually opened to tourism from about 1830. The first hotel, the Hotel Monte Rosa, was built in Saas-Grund in 1856. There has been a main road from Saas-Grund to Saas-Fee since 1951. This resulted in an increase in tourism for Saas-Fee. Despite the influences of modern life, many customs which are deeply rooted in the history of the Saas Valley have remained. Amongst these are the home-made costumes which are worn at various events, and also the preservation of traditional music. There are several costume and music societies which appear at festivals and parades.

A pioneer in tourism

You will find the statue of Father Johann Josef Imseng (1806–1869) at the village square in Saas-Fee. He entered the annals of the history of tourism in the Saas Valley through his pioneering spirit. He worked as a hotelier in the valley, and as a mountain guide he brought tourists visiting the high mountains to the valley and took them up into the mountains. As the first skier in Switzerland, he skied on home-made wooden skis from Saas-Fee to Saas-Grund in 1849.

The round Church of the Assumption in Saas-Balen

An interesting baroque church built in the period 1809–1812 by J. Andenmatten. The church is a cultural asset of national importance. In the Saas Valley there are many attractive wayside crosses in the villages and on the hiking paths.

The festive Saas costume

The costume for Saas women consists of two main pieces: the upper part, a kind of jacket, called a «Schlutti» in dialect, which is decorated on the front with beautiful embroidery, and a skirt, whose striking feature is its width and pleats. The head is covered by a costume hat (Kreshut) with a black band, decorated with gold embroidery. The festive costume is worn on important religious holidays such as Whitsunday and Corpus Christi, etc.

The Corpus Christi parade

The Corpus Christi parade (on the Thursday after Trinity Sunday) in the villages of the Saas Valley is one of the most beautiful parades of its kind in the valleys of the Valais.

The parade begins in front of the parish church after a high mass in the church, then it passes all around the village, visiting the hamlets, then back to the church square, and finishes with a visit to the cemetery.

The old village bands/drummers and pipers

The old village bands have a special place in the Corpus Christi parade. They date back to the 19th century, when they could only be heard on this one day. Nowadays, the old village bands perform in their traditional way, with clarinets and drums, at other festive events as well.

Gastronomy in the Saas Valley

There are 60 restaurants in the village and region of Saas-Fee with a wide choice ranging from simple meals to Valaisan specialities and gourmet menus.

You can also savour fine foods in Saas-Almagell, Saas-Balen and Saas-Grund. Try the tasty and wholesome Saas rösti, a delicious «four-o'clock snack» or game dishes and other Valaisan specialities.

Attractive menus, snacks or maybe just a dessert are available to tickle your palate in all 40 restaurants catering for all taste.

Shopping in the Saas Valley

The proprietors and staff of Saas Valley's numerous shops will be happy to advise you where to go for your purchases. You will find details and tips on restaurants and shops in our «Saastal Gletscherpost», the newspaper for local residents and guests.

Nightlife

Rock around the clock! After the day's activities, why not enjoy a few drinks in the village at one of the many sun terraces and get into the swing of things for an evening of fun and entertainment. It's party time at the invenues, cosy bars and pubs, well into the early hours.



Visitors learn about the history of the Saas Valley in an entertaining way through many different activities

- **Wine-tasting in Saas-Fee:** the Valais, the Nappa Valley of Switzerland, with its sunny vineyards, is the wine canton par excellence. Sample a little fine wine with us and learn about the wines from the Valais. Every Tuesday, reservations at the Saas-Fee tourist office.
- **Beer brewing seminar:** discover the secrets of the art of beer brewing and enjoy sampling some beers for yourself. Every Wednesday in the Iglobar. Registration for this event is in the Hotel Garni Imseng, Tel. +41 (0)27 958 12 58.
- **Village tours in Saas-Fee/Saas-Grund/Saas-Almagell**, free, once a week
(For information contact the tourist offices)
- **Weekly village concerts in Saas-Fee and Saas-Almagell.** On the programme are concerts by the following village societies: «Musik der alten Zeit» (music from the old days), the «Alpenrösli» music society, the «Alhornfreunde aus dem Gletscherdorf» (Saas-Fee alphorn society), yodelling clubs, the «Kameradenchörli» choir, old village bands and performances by the costume dance group.
- Get-togethers for locals and visitors for **«fun in the village» in Saas-Grund** with the participation of the following village societies: the Triftalp drummers and pipers, the Enzian music society, the old village bands, the hunting horn players and the church choir

Weekly market in Saas-Fee and Saas-Grund

During summer, don't miss the interesting and colourful market which takes place every Thursday, from 14.00 h to 18.00 h (mid-July to mid-August) on the main street in Saas-Fee. Look out for hand-carved artwork, pottery, souvenirs, sweets, Saas meat and cheese specialities, flowers, dresses and much more as gifts for friends and yourself.

The Saas Museum, Saas-Fee

The Saas Museum is a mine of information about the traditions of Saas-Fee and the Saas Valley. One of the most popular exhibits is the original study room of Carl Zuckmayer, the German writer who made Saas-Fee his second home.

Opening times: See the local notice-board
Prices: Adults CHF 4.– € 2.50 with visitor's card, CHF 5.– € 3.50 without visitor's card
Children CHF 2.– € 1.50 (up to 16) with visitor's card, CHF 2.50 € 1.50 without visitor's card.
Groups (10 or more people) CHF 4.– € 2.50





Discover the neighbouring regions of the Saas Valley

Daily	Grächen	Every Wednesday	Macugnaga, Italy
Monday–Friday	Zermatt	Every Thursday	Locarno–Nufenenpass

Further information is available from the tourist offices, post bus offices and the local bus companies. Other places of interest are quickly and easily accessible by public transport (bus and train):

Domodossola	Market on Saturday	Travel time: approx. 1.45 h
Stresa/Lago Maggiore	Market on Friday	Travel time: approx. 2.20 h
Montreux/Lake Geneva	(jazz festival)	Travel time: approx. 2.30 h
Lausanne	Olympic Museum	Travel time: approx. 3.00 h
Interlaken	Jungfrau Region	Travel time: approx. 2.00 h

A Visit to Europe's highest vineyard

Visit the highest vineyard in Europe! You will learn a lot of interesting facts on the vineyard educational trail: visit the wine cellars to taste the wine and enjoy a real wine-growers meal in a remote vineyard house. You will be accompanied by a qualified wine-grower and connoisseur.

Day:	every Tuesday (July–September)
Duration:	all day
Meeting point:	9.30 a.m. at the office of Saastal Tourism
Price:	CHF 65.– € 43,50
Reservations:	by Monday, 5.30 p.m., at the Tourist office

The Stockalper Castle, Brig

Visit the Stockalper Castle in Brig, built in the 17th century. It is well worth taking a stroll through the «Burgschaft», as the people of Brig call it. Travel time by car: 50 minutes, by postbus: 1 hour 10 minutes.

Zermatt

... our famous neighbour. After a bus journey and a journey by cogwheel railway, you arrive at the foot of the Matterhorn, the symbol of the Swiss Alps.

- Travel time by car: approx. 1.10 h, by public transport approx. 2.10 h.
- Excursion
 - Travel Agency Imseng: Saas-Fee depart 8.00 and/or 10.00 h, Mon–Fri (possibility to join in Saas-Grund, Saas-Almagell and Saas-Balen);
 - with Pauli-Reisen: Saas-Grund depart 8.15 h, Tues/Thurs
- Zermatt departure: 16.00 and/or 18.00 h (Enough bookings only)
- Costs: CHF 38.– € 25.50 Adults/CHF 28.– € 18.50 Children

Brigerbad

Situated to the west of Brig, on the sunny slopes of the Lötschberg, you will find the biggest open-air thermal swimming pools in Switzerland (27–37 °C) with the first grotto swimming pool in Europe, the longest alpine thermal water slide (182 m), the most turbulent river pool and the unique Olympic pool with four 50-metre-long swimming lanes. Travel time by car: approx. 45 min., travel time by bus: approx. 1 hr. 10 min.

Leukerbad

The baths, fed by water from the Leukerbad hot springs are relaxing and invigorating! Travel time by car: approx. 1.15 h, by public transport: approx. 2.15 h.



Seminars, Meetings und Incentives within the mountain region

In that area holding some of the highest mountains in Switzerland you will find a perfect spot in which new visions can be realized, new ideas met upon and knowledge and know-how can be deepened. Let the Saastal be the place to offer you an opportunity to organise incentives, meetings, seminars, conferences and the like.

The culture and congress centre based in Steinmatte is ideally located: surrounded by radiant alpine meadows with giant mountains blending into the background is surely a recipe for success for any seminar held under such surroundings. In addition to the main plenum hall there are three well equipped seminar rooms available which are also suited for group work.

Are you planning a seminar with a large number of participants? The newly renovated leisure centre Bielen can also be used. The double-sized tennis hall can be easily adapted to be used for your next event, be it a gala celebration or a large seminar. Various hotels also have modern seminar rooms. In the hotel «ferienart resort» and spa there is a very well-equipped events hall capable of handling any type of event which may be held there.

The varied selection of leisure activities available promises to provide an interesting and attractive additional program for participants outside seminar hours. In addition to attending their seminar participants can look forward to many exciting activities and culinary delights.

The Saas Fee tourist centre has a team of people waiting to put together a made-to-order programme for you. Go on! Let us provide you with a programme fit for a king!

More information available at www.saas-fee.ch/seminare

Additional leisure program information available from the Saas Fee tourist centre (animation@saas-fee.ch).

Important addresses and telephone numbers

Emergency services

Fire brigade	118	Ambulance	144
Police	117	Breakdown service	140

Doctors in the Saas Valley

Drs. med. Stefan and Stephanie Kuonen, Saas-Fee ..	+41 (0)27 957 58 59
Medical center, Saas-Grund	+41 (0)27 957 11 55
Pharmacy Vallesia Saas-Fee	+41 (0)27 957 26 18, fax +41 (0)27 957 10 18
Pharmacy Saas-Grund	+41 (0)27 957 16 04
Dentist Dr. med. dent. St. Imseng	+41 (0)27 957 20 52

CH-3906 Saas-Fee

Saas-Fee Tourism

Information	+41 (0)27 958 18 58, fax +41 (0)27 958 18 60
Direct bookings	+41 (0)27 958 18 68, fax +41 (0)27 958 18 70
E-mail	to@saas-fee.ch
Internet	www.saas-fee.ch

Mountain Railway Ltd.

Information	+41 (0)27 958 11 00, fax +41 (0)27 958 11 01
E-mail	bergbahnen@saas-fee.ch
Internet	www.saas-fee.ch/bergbahnen
Automated snow and piste report	+41 (0)27 958 11 02
Local police	+41 (0)27 957 10 26, polizei@saas-fee.ch
Post bus service	+41 (0)27 958 11 45
Murmeli Childrens's Day Centre	+41 (0)27 957 40 57, Natel 079 400 89 25
Bergführerbüro Mountain-Life	+41 (0)27 957 44 64
Community	+41 (0)27 958 11 88

CH-3910 Saas-Grund

Saas Valley Tourism (Saas-Grund, Saas-Almagell, Saas-Balen)

Tourist Office	+41 (0)27 958 66 66, fax +41 (0)27 958 66 67
E-mail	ferien@saastal.ch
Internet	www.saastal.ch
Tourist Office Saas-Grund	+41 (0)27 958 11 58, fax +41 (0)27 958 66 67
Direct booking	+41 (0)27 958 66 66
E-mail	info@saas-grund.ch
Internet	www.saas-grund.ch
Mountain Railway Hohsaas Ltd.	+41 (0)27 958 15 80, fax +41 (0)27 958 15 85
Tourist information	+41 (0)27 958 15 81
E-mail	info@hohsaas.info
Internet	www.hohsaas.info
Mountaineering School Active Dreams	+41 (0)27 957 14 44, fax +41 (0)27 957 14 43
Dry cleaning Saasia	+41 (0)27 957 16 38
Poste office	+41 (0)27 957 23 14
Community	+41 (0)27 957 24 31

CH-3905 Saas-Almagell

Tourist Office Saas-Almagell (currency exchange) ..	+41 (0)27 958 66 44, fax +41 (0)27 958 66 45
Direct bookings	+41 (0)27 958 66 44
E-mail	info@saas-almagell.ch
Internet	www.saas-almagell.ch
Mountain Railway Almagell Ltd.	+41 (0)27 957 23 26, fax +41 (0)27 957 23 84
E-mail	bergbahnen-almagell@bluewin.ch
Internet	www.bergbahnen-almagell.ch
Poste office	+41 (0)27 957 21 36
Community	+41 (0)27 957 27 26

CH-3908 Saas-Balen

Poste office/Information	+41 (0)27 957 21 43, fax +41 (0)27 957 21 43
Direct bookings	+41 (0)27 958 11 58
Internet	www.saas-balen.ch
Poste office	+41 (0)27 957 21 43
Local authorities	+41 (0)27 957 23 37

Advantages enjoyed by regular guests

Guests of honour

Saas-Fee, Saas-Grund, Saas-Almagell, Saas-Balen

Regular guests will be honoured for 10 years of loyalty.

We would be delighted to welcome you as a guest of honour and thank you for your loyalty some time in the future.

Preview of winter highlights in Saas Valley

<i>November 2006</i>	Saab Salomon Crossmax	Saas-Fee
<i>December 2006</i>	Christmas concert at the church	Saas-Almagell
<i>December 2006</i>	Christmas concert at the church	Saas-Fee
<i>December 26, 2006</i>	Christmas concert at the church	Saas-Grund
<i>December 31, 2006</i>	New Year's Eve celebrations	Saas-Fee
<i>January 2007</i>	Ice-Climbing World Cup	Saas-Fee
<i>April 2007</i>	Allalin Popular Ski Races	Saas-Fee
<i>April 8, 2007</i>	10th Kreuzboden Snow Fun	Saas-Grund

For more informations about further events please contact the tourist offices.

Subscription for the local guest magazine «Gletscherpost»

Annual subscription:

- a) Tourism edition (6 nos.) Switzerland: CHF 19.– € 12.50 Other countries: CHF 25.– € 16.50
- b) Tourism & local edition (12 nos.) Switzerland: CHF 32.– € 21.– Other countries: CHF 42.– € 28.–

Orders for season tickets:

Mengis Press Office, «Saastal Gletscher-Post» Editor's Office, Terbinerstr. 2, 3930 Visp, presse@mengis-visp.ch



Saas-Fee Tourism
CH-3906 Saas-Fee
T +41 27 958 18 58
F +41 27 958 18 60
to@saas-fee.ch
www.saas-fee.ch

Saastal Tourism
CH-3910 Saas-Grund
T +41 27 958 66 66
F +41 27 958 66 67
ferien@saastal.ch
www.saastal.ch